

Large Hall - Weekly timetable

08-Mar-22

	8:00	9:00	10:00	11:00	Noon	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
Monday			Bums, Legs & Tums 10:15 - 11:15	Pilates 10:15 - 11:15							Dance School 16:00 - 20:45				
Tuesday		Mother & Toddlers 9:15 - 11:30								Dance School 15:45 - 19:30					
Wednesday		Bounce 9:30 - 10:30		Chair Yoga 11:00 - noon						Dance School 15:45 - 20:45					
Thursday										Dance School 16:00 - 19:30		Physio Pilates 19:45-20:45			
Friday		Mother & Toddlers 9:15 - 11:30				Hertswise 12:30 - 14:30			Soccer Dev 16:00 - 17:00			Karate (Renshuu) 19:00 - 20:30			
Saturday		Dance School 9:15 - 17:30													
Sunday		Bounce 8:15 - 9:15	Shot. Karate 9:45 - 10:45	Karate (Ren) 11:30 - 12.30											

Dance School	Jenny Myhill	01279 655941	jennymyhill_dance@hotmail.com
Mothers & Toddlers	Sophie Muir	07796 697443	thorleytoddlergroup@live.co.uk
Karate (Renshuu)	Darren Rowley	07779 154847	rskstortford@hotmail.com
Bums, Legs & Tums	Mandy Cousins	07713 272664	flexifitpilates@gmail.com
Pilates (Monday)	Mandy Cousins	07713 272664	flexifitpilates@gmail.com
Physio Pilates (Thurs)	Donna Leutchford	07739 012076	DonnaPhysioPilates@iCloud.com
Soccer Development	Tim Moylette	01279 306118	timmoylette@ntlworld.com
Shotokan Karate Ryu	Donna Ring	01279 731752	skr@skr.org.uk
Bounce	Rosy Burrows	07957 682376	rosyburrows@hotmail.com
Hertswise	Kim Knight	0300 123 4044	eastherts@hertswise.org.uk
Chair Yoga	Chris Crooks	07309 665254	crooksy1947@gmail.com
Centre Manager	John Bailey	01279 329686	centre-manager@thorleycommunitycentre.co.uk